

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 5:30 Judo 5:30 XWC Wrestling beginner 6:30 Adult GI BJJ 7:30 Advanced GI BJJ 7:30 XWC Wrestling Advanced	2 5:30 Kids BJJ 6:30 Adult BJJ NOGI 7:30 Muay Thai	3 Homeschool BJJ 11:30 5:30 Judo 5:30 XWC Wrestling Beginner 6:30 Fundamentals BJJ 7:30 Cardio Kickboxing	4 5:30 Kids BJJ 6:30 Adult BJJ GI 7:30 Muay Thai	5 12:00 NOGI BJJ 5:30 Adult Judo 5:30 XWC Wrestling	6 Frontline Kids Jiu-Jitsu Tournament 8:00-11:00 11:30 Judo
7 1:00 Cardio Kickboxing 2:00 MMA 3:00 Open Mat 7:00 Jiu-Jitsu Watch Party	8 5:30 Judo 5:30 XWC Wrestling beginner 6:30 Adult GI BJJ 7:30 Advanced GI BJJ 7:30 XWC Wrestling Advanced	9 5:30 Kids BJJ 6:30 Adult BJJ NOGI 7:30 Muay Thai	10 Homeschool BJJ 11:30 5:30 Judo 5:30 XWC Wrestling Beginner 6:30 Fundamentals BJJ 7:30 Cardio Kickboxing	11 5:30 Kids BJJ 6:30 Adult BJJ GI 7:30 Muay Thai	12 12:00 NOGI BJJ 5:30 Adult Judo 5:30 XWC Wrestling	13 9:30 Adult Fundamentals BJJ 10:30 Kids Fundamentals BJJ 11:30 Judo 5:30-9:00 Parent's Night Out
14 1:00 Cardio Kickboxing 2:00 MMA 3:00 Open Mat	15 5:30 Judo 5:30 XWC Wrestling beginner 6:30 Adult GI BJJ 7:30 Advanced GI BJJ 7:30 XWC Wrestling Advanced	16 5:30 Kids BJJ 6:30 Adult BJJ NOGI 7:30 Muay Thai	17 Homeschool BJJ 11:30 5:30 Judo 5:30 XWC Wrestling Beginner 6:30 Fundamentals BJJ 7:30 Cardio Kickboxing	18 5:30 Kids BJJ 6:30 Adult BJJ GI 7:30 Muay Thai	19 12:00 NOGI BJJ 5:30 Adult Judo 5:30 XWC Wrestling	20 9:30 Adult Fundamentals BJJ 10:30 Kids Fundamentals BJJ 11:30 Judo Law Enforcement Seminar 1:00-3:30
21 1:00 Cardio Kickboxing 2:00 MMA 3:00 Open Mat	22 5:30 Judo 5:30 XWC Wrestling beginner 6:30 Adult GI BJJ 7:30 Advanced GI BJJ 7:30 XWC Wrestling Advanced	23 5:30 Kids BJJ 6:30 Adult BJJ NOGI 7:30 Muay Thai	24 Homeschool BJJ 11:30 5:30 Judo 5:30 XWC Wrestling Beginner 6:30 Fundamentals BJJ 7:30 Cardio Kickboxing	25 5:30 Kids BJJ 6:30 Adult BJJ GI 7:30 Muay Thai	26 12:00 NOGI BJJ 5:30 Adult Judo 5:30 XWC Wrestling	27 9:30 Adult Fundamentals BJJ 10:30 Kids Fundamentals BJJ 11:30 Judo
28 1:00 Cardio Kickboxing 2:00 MMA 3:00 Open Mat	29 5:30 Judo 5:30 XWC Wrestling beginner 6:30 Adult GI BJJ 7:30 Advanced GI BJJ 7:30 XWC Wrestling Advanced	30 5:30 Kids BJJ 6:30 Adult BJJ NOGI 7:30 Muay Thai	31 Homeschool BJJ 11:30 5:30 Judo 5:30 XWC Wrestling Beginner 6:30 Fundamentals BJJ 7:30 Cardio Kickboxing	1 5:30 Kids BJJ 6:30 Adult BJJ GI 7:30 Muay Thai		