



## RELEASE, WAIVER OF LIABILITY AND ACKNOWLEDGEMENT OF RISK

I have applied to Frontline Jiu-Jitsu, L.L.C, for Jiu-Jitsu, self- defense, and fitness instruction. I, the undersigned, hereby waive all claims against any and all persons associated with Frontline Jiu- Jitsu, L.L.C.

In consideration of Frontline jiu-jitsu agreement to provide Jiu- Jitsu instruction to me and the membership benefits provided by the Association relating to that instruction. I hereby agree to release and discharge Frontline Jiu-Jitsu, LLC, their predecessors, successors, agents, members, owners, shareholders, representatives, volunteers, participants, employees and all other person or entities acting in any capacity on their behalf (hereinafter collectively referred to as "Frontline Jiu-jitsu") on behalf of myself, my children, my parents, my heirs, assigns, personal representative and estate as follows:

1. I understand that I am participating in a martial art which involves physical contact. I understand that this form of martial arts involves choke holds, arm locks, neck cranks, ankle locks, throws, slams, punches, kicks, elbows, knees, and such which could potentially cause serious injury or even death. I assume full responsibility for all my actions during and connected to Frontline Jiu-Jitsu L.L.C. I understand the risk of participating in this form of martial arts training and voluntarily release, forever discharge, and agree to indemnify and hold harmless Frontline Jiu-Jitsu and all of its agents, employees, and associates of and from any and all liability, claims, demands, actions, medical bills and cause of action whatsoever arising out of relating to any negligent or other act or omission, and/or any loss, damage, or injury, including death, that may be sustained by the undersigned or any property of the undersigned in participating in this form of training.
2. I expressly agree and promise to accept and assume all of the risk existing in this activity. My participation in this activity is purely voluntary, and I elected to participate in spite of the risks.
3. I, the undersigned also state that I am in good physical condition and know of no reason why I cannot participate in this form of training. I understand that in case of emergency, I hereby authorize any licensed medical personnel to perform any accepted medical assistance deemed necessary and I agree to bear the expense of any such treatment.
4. I, the undersigned, being duly aware of the risks and hazards inherent upon participating in this form of training agreed to all its rules, terms, and conditions. I acknowledge that I have received a copy of the Frontline Jiu-Jitsu rules, training rules, sparring rules, have read them, understand them, and agree to honor and obey them. I understand that disobeying the rules may, at the instructor's discretion, result in suspension or expulsion from Frontline Jiu- jitsu and that I will not be entitled to a refund.
5. Should Frontline Jiu-Jitsu, or anyone acting on their behalf, be required to incur attorney's fees and cost to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.
6. I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating, or else I agree to bear the cost of such injury or damage myself. I further certify that I have no medical or physical conditions which could interfere with my safety in this activity, or else I am willing to assume and bear the cost of all risks that may be created, directly or indirectly, by any such condition.
7. In the event that I file a lawsuit against Frontline Jiu-Jitsu, LLC, I agree to do so solely in the state of Georgia, and I further agree that the substantive law of that state shall apply in that action without regard to the conflict of law rules of that state.

As additional consideration for training at Frontline Jiu-Jitsu, I agree that my attendance and/or performance at the academy and abroad at events and such may be photographed, filmed and/or taped and used by Frontline Jiu-Jitsu for marketing purposes and I authorize the use of my image and I waive any compensation thereof- even if I discontinue my training with Frontline Jiu- Jitsu LLC.

In signing the foregoing release, the undersigned hereby acknowledges and represents: that he/she has read the foregoing release, understands it and signs it voluntarily; that he/she is over 18 years of age and of sound mind. If under the age of 18, parent/legal guardian in signing this release agrees to all its terms and conditions.

Signature of Participant: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Full Name: \_\_\_\_\_

**Kids only:** Parent or Legal Guardians Additional Indemnification (must be completed for participants under the age of 18)

I warrant and represent that I am the parent or legal guardian of (print minor's name) ("minor" or "minors")

In consideration of minor's being permitted by Frontline Jiu-Jitsu, LLC to participate in its activities and to use its equipment and facilities, I further agree to indemnify and hold Frontline Jiu-jitsu, from any and all claims which are brought by, or on behalf of minor, and which are in any way connected with such use or participation by minor.

Parents or Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print full name of Guardian: \_\_\_\_\_